

January 2009

Dear classmates,

Over the course of 3 years, we have attempted to develop an Annual Newsletter that reflects a certain theme. For example, last year's focused on how Juniata had influenced our lives. In preparing this year's letter, we realized that since the 40th reunion many of us have participated in new experiences and adventures, faced new challenges and dealt with significant changes in our lives.

We surmised that among our classmates there is a wealth of "learned wisdom" and consequently decided to focus this letter on providing a way for the class of '64 to share suggestions, insights, support and knowledge we "learned the hard way". Consequently we are soliciting your tips, ideas, comments and suggestions on the following topics or others you may want to add. They can be practical, philosophical, humorous, insightful...whatever you feel may help or encourage others at our "age and stage" of life. We will take this input and develop a special section in the reunion booklet. If you wish to make a comment and keep your name confidential, your request will be honored.

Suggested topics are:

- Caring for elderly parents
- New interests, hobbies and/or satisfying volunteer work
- Death of spouse or significant other
- New health challenges
- Issues related to relocating to another state or country
- Suggestions for completion of Social Security and Medicaid forms
- Tips for traveling
- Developing living wills and dealing with other legal forms

In addition, if you have special expertise in some area (financial or medical, for example) and are willing to give more detailed information in individuals, please include contact information etc.

Please take a few minutes to reflect on these topics and then submit comments regarding the topics you feel could give information or create greater understanding for our classmates. See the enclosed questionnaire where your comments will be forwarded to Gwen and Rolfe.

Also, in preparation for our 45th reunion, June 11-14, 2009, we are requesting Journal data updates and providing for Reunion Golf Shirt orders. This way, we can save a few trees (our way of being "green") and some money for mailing.

Hoping to hear from you all,

Gwen Lang

Rolfe Wenner